

Instructor Candidate Internship Record

Candidate Name _____ Course Start Date _____ Sponsor Name _____

Observing Instructor Name _____ Course End Date _____ Type Program _____

Each instructor candidate must independently conduct each of the below listed topics at least two times under the direct supervision of an NSS-CDS instructor. Each instructor candidate must audit each of the below defined topics at least one time under the supervision of an NSS-CDS instructor before being considered for an Instructor Evaluation.

Instructor Candidate Initials Academic Topics
Instructor Initials & Date

_____ Cave Conservation
_____ Landowner Relations
_____ Accident Analysis
_____ Psychological Aspects of Cave Diving and Stress Control
_____ Underwater Cave Formation and Terminology
_____ Types of Underwater Cave Entrances
_____ General Hazards of the Cave Environment
_____ Specific Hazards of the Cave Environment
_____ Non-Environmental Hazards
_____ Equipment Choices and Configuration
_____ Trim and Propulsion Techniques
_____ Guidelines, Markers and Navigation
_____ Dive Team Protocols
_____ Communications
_____ Dive Planning and Procedures
_____ Problem Solving Procedures
_____ Gas Supply Management and Procedures
_____ Decompression Considerations

Dry Land Field Exercises Cavern and Basic

_____ Guidelines and Markers
_____ Reels and Spools Deployment
_____ Touch Contact Exits
_____ Bump and Go Exits
_____ Lost Line Relocation
_____ Lost Buddy Relocation
_____ Repairing a Broken Guideline

Dry Land Field Exercises Apprentice and Full

_____ Complex Navigation

At the completion of the internship instructor candidates should be 100% competent to teach all the above academic and dry land drills. The instructors and sponsors must ensure this competence prior to scheduling an instructor evaluation.

The below in water exercises/topics must be mastered by interns and the intern must be able to perform these skills in demonstration quality. The intern must also be able to teach this topic effectively and must do so at least two times under the direct supervision of an NSS-CDS instructor. Interns must be able to independently brief, setup and conduct all the below exercises under the direct supervision of the cave instructor. The cave instructor, by initialing and eventually signing the recommendation document is verifying that the candidate has demonstrated that s/he can independently conduct these exercises in accordance with our standardized procedures.

- _____ Swimming Underwater in open water without a mask following a guideline
- _____ Primary Light Failure
- _____ Proper Installation and Retrieval of a Reel
- _____ Lost Line Relocation (The line must be relocated for a passing score)
- _____ Lost Buddy Relocation
- _____ Proper Frog Kick
- _____ Proper Pull and Glide
- _____ Proper Modified Flutter Kick
- _____ Proper Buddy/Team Awareness
- _____ Proper Cave Conservation Awareness
- _____ Proper Anti-Silting Techniques
- _____ Conduct a gas sharing exit in good visibility
- _____ Conduct a gas sharing exit in simulated zero visibility
- _____ Line Entanglement

My signature below verifies that the intern has audited my complete class at the _____ level.

My signature below verifies that the intern has taught a complete class under my observation at the _____ level.

My signature below verifies that the intern has mastered all the academic topics and is able to teach them in accordance with NSS-CDS Standards.

My signature below verifies that the intern has mastered all the in water topics and is able to teach them in accordance with NSS-CDS Standards.

My signature below verifies that the intern is ready to undergo an instructor evaluation and is ready to be an instructor for the NSS-CDS at the level of: Cavern/Basic Instructor or Apprentice/Cave Instructor. Circle one of the two.

Please check all boxes above that apply to this report.

Signature of Intern and Date: _____

Signature of Observing Instructor and Date: _____

Print Name and NSS-CDS Instructor Number Observing Instructor: _____

Print Name of Intern: _____

This form is to be kept in the possession of the intern and the sponsor should retain a copy. All intern records should be provided to the instructor evaluation staff on day one, at the beginning of the evaluation. Incomplete records will result in no instructor evaluation being conducted on that day. Interns are not to contact the Training Director regarding institute dates. Sponsors are to coordinate with the Training Director regarding readiness of interns and dates for institutes.